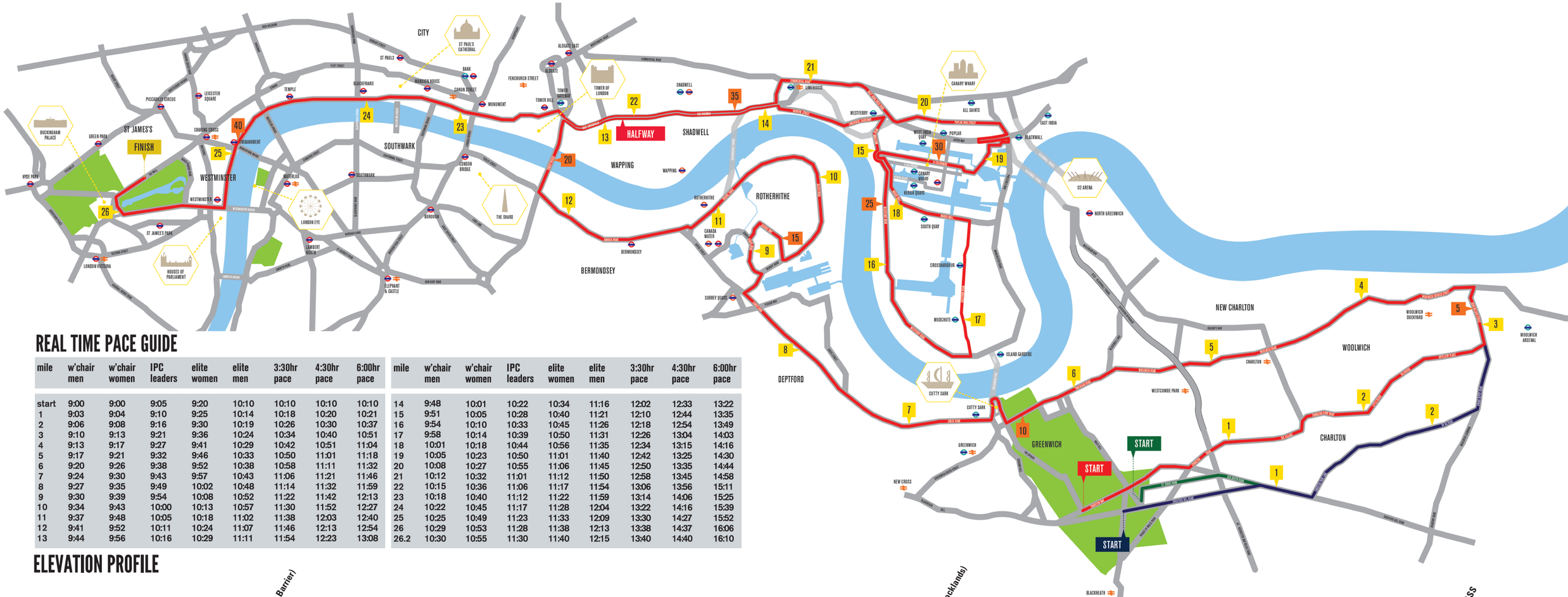
VIRGIN MONEY LONDON MARATHON – 2015 COURSE MAP

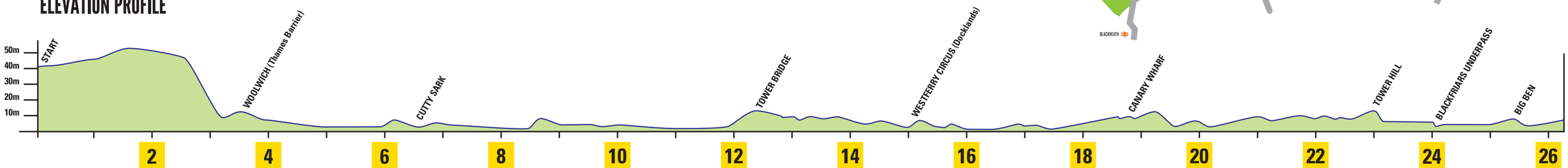


REAL TIME PACE GUIDE

mile	w'chair men	w'chair women	IPC leaders	elite women	elite men	3:30hr pace	4:30hr pace	6:00hr pace
start	9:00	9:00	9:05	9:20	10:10	10:10	10:10	10:10
1	9:03	9:04	9:10	9:25	10:14	10:18	10:20	10:21
2	9:06	9:08	9:16	9:30	10:19	10:26	10:30	10:37
3	9:10	9:13	9:21	9:36	10:24	10:34	10:40	10:51
4	9:13	9:17	9:27	9:41	10:29	10:42	10:51	11:04
5	9:17	9:21	9:32	9:46	10:33	10:50	11:01	11:18
6	9:20	9:26	9:38	9:52	10:38	10:58	11:11	11:32
7	9:24	9:30	9:43	9:57	10:43	11:06	11:21	11:46
8	9:27	9:35	9:49	10:02	10:48	11:14	11:32	11:59
9	9:30	9:39	9:54	10:08	10:52	11:22	11:42	12:13
10	9:34	9:43	10:00	10:13	10:57	11:30	11:52	12:27
11	9:37	9:48	10:05	10:18	11:02	11:38	12:03	12:40
12	9:41	9:52	10:11	10:24	11:07	11:46	12:13	12:54
13	9:44	9:56	10:16	10:29	11:11	11:54	12:23	13:08

mile	w'chair men	w'chair women	IPC leaders	elite women	elite men	3:30hr pace	4:30hr pace	6:00hr pace
14	9:48	10:01	10:22	10:34	11:16	12:02	12:33	13:22
15	9:51	10:05	10:28	10:40	11:21	12:10	12:44	13:35
16	9:54	10:10	10:33	10:45	11:26	12:18	12:54	13:49
17	9:58	10:14	10:39	10:50	11:31	12:26	13:04	14:03
18	10:01	10:18	10:44	10:56	11:35	12:34	13:15	14:16
19	10:05	10:23	10:50	11:01	11:40	12:42	13:25	14:30
20	10:08	10:27	10:55	11:06	11:45	12:50	13:35	14:44
21	10:12	10:32	11:01	11:12	11:50	12:58	13:45	14:58
22	10:15	10:36	11:06	11:17	11:54	13:06	13:56	15:11
23	10:18	10:40	11:12	11:22	11:59	13:14	14:06	15:25
24	10:22	10:45	11:17	11:28	12:04	13:22	14:16	15:39
25	10:25	10:49	11:23	11:33	12:09	13:30	14:27	15:52
26	10:29	10:53	11:28	11:38	12:13	13:38	14:37	16:06
26.2	10:30	10:55	11:30	11:40	12:15	13:40	14:40	16:10

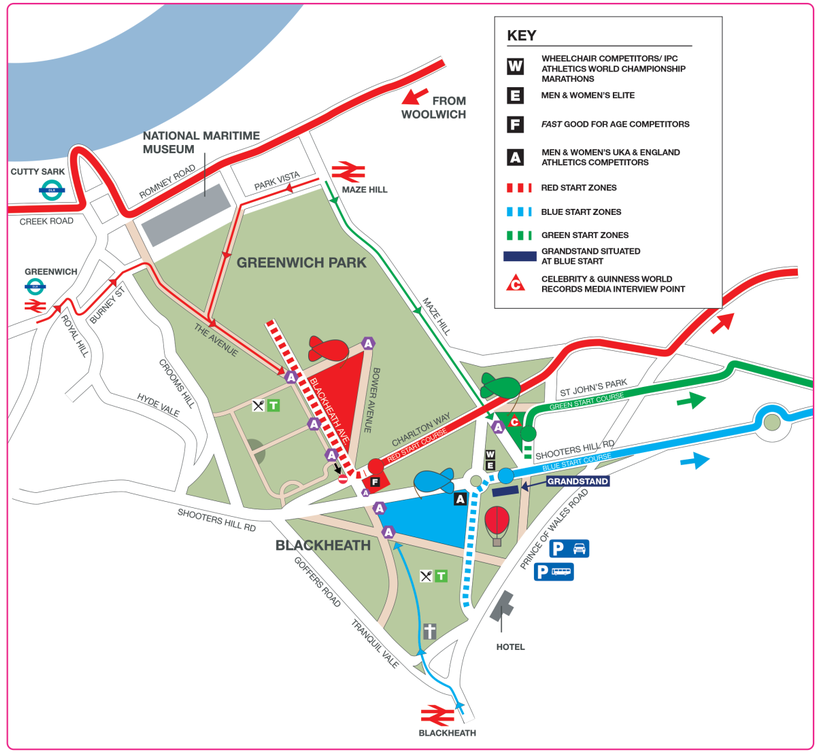
ELEVATION PROFILE



VIRGIN MONEY LONDON MARATHON – 2015 START & FINISH MAPS

THE START

The start of the Virgin Money London Marathon is held in Greenwich Park and Blackheath, South London. There are three different start lines and four different start times to cater for the elite races and the enormous number of people who run the race.



BLUE START AT BLACKHEATH, SHOOTERS HILL ROAD

Elite Women
Elite Wheelchair races
IPC Athletics Marathon World Championships
Elite Men
British & England Athletics Championships *
Ill & Injured
UKA Clubs
Ballot runners
Overseas runners

RED START AT GREENWICH PARK, CHARLTON WAY

Golden & Silver Bond runners
Guaranteed runners
Fast Good for Age runners

GREEN START AT VANBRUGH TERRACE ON BLACKHEATH

Good for Age runners
Celebrity and Media runners

*The 2015 Virgin Money London Marathon hosts the British Athletics & England Athletics Men and Women's Marathon Championships

9.00AM

Elite Wheelchair Races for Men & Women

9.05AM

IPC Athletics Marathon World Championships

9.20AM

Elite Women's Race

10.10AM

Elite Men's Race
British Athletics/England Athletics Championships for Men & Women
Mass Race

THE FINISH

The Virgin Money London Marathon finishes in The Mall in front of Buckingham Palace.
35,500 competitors will cross the line on Sunday 26 April 2015 having completed the 26.2 mile course.